# Athletic Coaching Returning Coach Packet







Thank you for your interest in joining River Delta USD as a coach. The time and energy you will dedicate is very much appreciated by our student athletes and the River Delta community.

All coaches, and volunteers, must be approved by the district before being allowed to participate. To be approved we must have a completed coach/volunteer packet. Please use the checklist on following pages to assist you in this process.

### Only completed packets will be accepted.

Enclosed you will find all the necessary paperwork for the River Delta Unified School District payroll department. An email will be sent to you with board policies for your knowledge. You will also receive in that email the Live Scan form which you will need to take to be fingerprinted. Coaches/volunteers are responsible to pay the rolling fee.

To ensure you are eligible to coach at the start of your season, please plan accordingly and turn your documents in as soon as possible.

# ALL PAPERWORK ABOVE MUST BE COMPLETED, TURNED IN, AND APPROVED BEFORE PRACTICES ARE ALLOWED TO START.

Please feel free to contact me with questions either by email cagan@rdusd.org or at 707-374-1714.

Thank you and welcome! Sincerely,

Codí Agan Director of Personnel

# The Coach Clearance Process

# Step 1 Clearance Application

- Read and Complete Coach Application Packet
- Proceed to the mandatory courses and items outlined in *Step 2*.

## Step 2 Certificates, &

**Background** 

- •Annual courses must be taken e e ea. o emann o e a al d e t ate a al ead een t ned n t e e no need to atta op e
- Attach annual certificates to your application, only complete applications will be accepted.

# Step 3 Orientation & Clearance

- ttend <u>Mandatory</u> coach orientation meeting t t e te t let e to
- •Wait to receive a **Clearance Notification** from e onnel epa tment e o e ta t n p a t e
- •Coordinate work schedule with te t let e to

No coach may be on the practice field until cleared by Personnel Department \*

#### **Additional Information**

- ♦ TB Assessment results are required with all applications. If you have a taken a TB test within the last four years, you may simply submit proof of your negative results.
- ♦ Both CPR <u>and</u> First Aide courses are required. Online courses of your choice are acceptable as long as a certificate is provided.
- ♦ All coaching certifications are requirements and must be attached to application. No applications will be approved if all requirements are not met.

### REQUIRED CERTIFICATION/COURSES

### This page is information that is required to be hired as a coach

General Coaching Course The Fundamentals of Coaching course through the NFHS \$50, (only needs to be completed once) <a href="https://nfhslearn.com/courses/fundamentals-of-coaching">https://nfhslearn.com/courses/fundamentals-of-coaching</a>
Sports Specific Course NFHS (only needs to be completed once) NFHS offers courses price varies from \$0 - \$90
Concussion Course NFHS offers course FREE (must be renewed every time CPR is due)
https://nfhslearn.com/courses/concussion-in-sports-2
Sudden Cardiac Arrest Course NFHS offers course FREE (must be renewed every time CPR is due)
https://nfhslearn.com/courses/sudden-cardiac-arrest
Heat Acclimatization Course (must be renewed every time CPR is due) NFHS offers course FREE https://nfhslearn.com/courses/heat-illness-prevention-2
Youth Suicide Course (Must be completed <u>annually</u> ) Offered free on NFHS Learning Center FREE <a href="https://nfhslearn.com/courses/student-mental-health-and-suicide-prevention">https://nfhslearn.com/courses/student-mental-health-and-suicide-prevention</a>
Bullying, Hazing, and Inappropriate Behaviors Training (Must be completed <u>annually</u> ) Offered free on NFHS Learning Center FREE <a href="https://nfhslearn.com/courses/bullying-hazing-and-inappropriate-behaviors">https://nfhslearn.com/courses/bullying-hazing-and-inappropriate-behaviors</a>
Mandated Reporter Training (Must be completed <u>annually</u> ) Offered FREE https://mandatedreporterca.com/training/school-personnel
First Aid/CPR/AED Training (Only Valid for two years) American Red Cross offers a course for \$35
https://www.redcross.org/take-a-class/classes/adult-child-and-baby-first-aid%2Fcpr%2Faed-online/a6R3o000001vv3D.html
Bloodborne Pathogens Training (Must be completed <u>annually</u> ) American Red cross offers a course for \$35 <a href="https://www.redcross.org/take-a-class/classes/bloodborne-pathogens-training-online/a6R3000000lwFux.html">https://www.redcross.org/take-a-class/classes/bloodborne-pathogens-training-online/a6R3000000lwFux.html</a>

### Coach Application Requirements

### ALL APPLICANTS MUST CHECK-OFF AND ATTACH THE FOLLOWING

Athletic Director or Site Administrator Signature	Date
Applicant Signature	Date
I have completed all required items and attached cop	oies of requested documentation.
☐ Any other items needing renewal	
4119.11 Sexual Harassment	
6145.2 Athletic Competition	
3515.7 Firearms on school grounds	
4020 Drug and Alcohol-Free Workplace 3513.3 Tobacco Free Schools	
4227 Temp Athletic coaches	
☐ Board Policies:	
☐ Bloodborne Training	
Mandated Reporter Certificate	
Youth Suicide Certificate	
Bullying, Hazing, and Inappropriate Behaviors Ce	ertificate
Child Abuse Policy Form	
CIF Coaches Conduct	
Application	

EMPLOYMENT A  Print in Ink or Type  Answer ALL Quest		CATION	I			n will remain on file r ONLY from date on
1. Position(s) Desired:	Fill of accu	rately. An inc ment may dis n employment			Date:	
2. Legal Name:		3. Your A	ddress:			
		Num	ber Street			Apt.
Last First M	/liddle					
Edist 1 HSt 1	Tradic	City			State	Zip Code
4. Have you ever worked under a different  ☐ Yes ☐ No	name?		ning Social Security ntary until employed		Message Phone: Other (cell):	
If so, list:					Email:	
7. Hire is subject to verification that your age meets legal requirements.  Are you over 18 years of age?	you	the legal right t	ited States Citizen, hav o remain permanently ay be required after hin	in		ver been employed elta Unified School
☐ Yes ☐ No	<u> </u>	Yes 🗆 No	Does not Ap	ply	☐ Yes Date:	No
10. Have you been a member of a Californi If yes, STRS PERS  Have retirement contributions been wit  11. Were you ever discharged or forced to unsatisfactory service? □ Yes If you answered yes, please fully expla  13. Are you able to perform all job functions accommodations? □ Yes □ No Please note, employment may be made	hdrawn? resign be in on add required	Other Yes cause of misconolitional sheet.	□ No onduct or on for which you are on an additional sho	Exp applying applying	ense Number: piration Date: ing with and/or wi	?? ☐ No thout reasonable
14-A. EDUCATION AND TRAINING:						
Circle last year complete					4 15 16 17	18 19 20
Name and location of Business School, College or University Attended	Majo	or Subject	Minor Subject		nits Completed emester/Quarter	Degree Earned
14 D. CDECIAL TDAINING.						
14-B SPECIAL TRAINING: (Include Military, CETA)	A, WIN,	Гrade, Vocatio	onal and/or Correspo	ondenc	e Schools, Adult	Ed, etc.)
Subject	Sch	ool or Agency	/	Len	gth of Training/Ce	ertificate Earned
AN EQUAL	EMPLO	YMENT O	PPORTUNITY I	EMPL	OYER	
Please Return to: River Delta Unified Scho 445 Montezuma Street Rio Vista, CA 94571-16		(707) 374	el Department I-1714 or 1700 07) 374-2995		E-mail: cagan@re	dusd.org

16. May we contact your present employer?  NOTE: We will not call your current employer unt		iew and are a <u>final</u> applicant.
17. <b>RELEVANT JOB EXPERIENCE</b> : List only the judice, paid and unpaid experiences. <i>PRESENT OR MOST</i> chances for employment. If you need more space, attach	TRECENT JOB FIRST. By be	eing complete, you may improve your
Dates of Employment (Month/Year) From: To:		Name of Firm or Organization:
Address of Employer:		Phone Number:
Name and Title of Supervisor:	Reason for Leaving:	
Describe your major duties:		
➤ Dates of Employment (Month/Year) From: To:	:	Name of Firm or Organization:
Address of Employer:		Phone Number:
Name and Title of Supervisor:	Reason for Leaving:	
Describe your major duties:		
Dates of Employment (Month/Year) From: To:  Exact Title of Your Posit	tion:	Name of Firm or Organization:
Address of Employer:		Phone Number:
Name and Title of Supervisor:	Reason for Leaving:	
Describe your major duties:		
➤ Dates of Employment Exact Title of Your Posit	i.a	Name of Firm or Organization:
(Month/Year) From: To:	non.	Name of Firm of Organization.
Address of Employer:		Phone Number:
Name and Title of Supervisor:	Reason for Leaving:	
Describe your major duties:	<b>I</b>	
REMARKS:		
18. <b>CERTIFICATE OF APPLICANT</b> : This applied I HEREBY CERTIFY that all statements made in this applicate facts herein may cause forfeiture on my part of all rights to any	ion are true and complete. I ag	
SIGNATURE: Please indicate by check mark the source through which		DATE:
Please indicate by check mark the source through which	you first learned about this Journal (which one?)	s district and vacancy:
Bulletin listing	job opening (where posted	[?]
School Career (Other (Specify)	Center (name of school) ):	<u> </u>



# Pursuing Victory With Honorsm Code of Conduct for Coaches

CIF	Member	School:							

We, in the California Interscholastic Federation, believe that high school athletic competition should be fun, but that it must also be a significant part of a sound educational program. We believe that those who coach student-athletes are, first and foremost, teachers who have a duty to assure that their sports programs <u>promote important</u> <u>life skills and the development of good character</u>.

We believe that the essential elements of character-building are embodied in the concept of sportsmanship and six core ethical values: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Character<sub>sm</sub>"). We believe, further, that the highest potential of sports is achieved when teacher-coaches consciously Teach, Enforce, Advocate and Model (T.E.A.M.) these values and are committed to the ideal of pursuing victory with honor. Finally, we believe that sincere and good-faith efforts to honor the words and spirit of this Code will improve the quality of our programs and the well being of our student-athletes. This Code of Conduct applies to all full-time and part-time coaches involved in interscholastic sports.

I understand that in my position as a coach, I must act in accord with the following code:

#### TRUSTWORTHINESS.

- *Trustworthiness* Be worthy of trust in all I do and teach student-athletes the importance of integrity, honesty, reliability and loyalty.
- *Integrity* Model high ideals of ethics and sportsmanship and always pursue victory with honor; teach, advocate and model the importance of honor and good character by doing the right thing even when it's unpopular or personally costly.
- *Honesty* Don't lie, cheat, steal or engage in or permit dishonest or unsportsmanlike conduct.
- *Reliability* Fulfill commitments; I will do what I say I will do; be on time.

- Loyalty Be loyal to my school and team; put the team above personal glory.
- *Primacy of Educational Goals* Be faithful to the educational and character-development missions of the school and assure that these objectives are not compromised to achieve sports performance goals; always place the academic, emotional, physical and moral well being of athletes above desires and pressures to win.
- *Counseling* Be candid with student-athletes and their parents about the likelihood of getting an athletic scholarship or playing on a professional level. Counsel them about the requirement of many colleges preventing recruitment of student-athletes that do not have a serious commitment to their education, the ability to succeed academically or the character to represent their institution honorably.
- *College Recruiters* Be honest and candid with college recruiters about the character and academic abilities and interest of student-athletes.

#### RESPECT

- Respect Treat all people with respect all the time and require the same of student-athletes
- *Class* Be a good sport, teach and model class, be gracious in victory and accept defeat with dignity; encourage <u>student-athletes to give fallen opponents a hand</u>, compliment extraordinary performance, and show sincere respect in pre- and post-game rituals.
- *Taunting* Don't engage in or allow trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
- Respect Officials Treat contest officials with respect; don't complain about or argue with official calls or decisions during or after an athletic event.
- *Respect Parents* Treat the parents of student-athletes with respect; be clear about your expectations, goals and policies and maintain open lines of communication.
- Profanity Don't engage in or permit profanity or obscene gestures during practices, sporting events, on team buses, or any other situation where the behavior could reflect badly on the school or the sports program.
- *Positive Coaching* Use positive coaching methods to make the experience enjoyable, increase self-esteem and foster a love and appreciation for the sport. Refrain from physical or psychological intimidation, verbal abuse, and conduct that is demeaning to student-athletes or others.
- *Effort and Teamwork* Encourage student-athletes to pursue victory with honor, to think and play as a team, to do their best and continually improve through personal effort and discipline. Discourage selfishness and put less emphasis on the final outcome of the contest, than upon effort, improvement, teamwork, and winning with character.

• *Professional Relationships* Maintain appropriate, professional relationships with student athletes and respect proper teacher-student boundaries. Sexual or romantic contact with students is strictly forbidden as is verbal or physical conduct of a sexual nature directed to or in view of student-athletes.

#### RESPONSIBILITY

- *Life Skills* Always strive to enhance the physical, mental, social and moral development of studentathletes and teach them positive life skills that will help them become well-rounded, successful and socially responsible.
- Advocate Education Advocate the importance of education beyond basic athletic eligibility standards and work with faculty and parents to help student-athletes set and achieve the highest academic goals possible for them.
- *Advocate Honor* Prominently discuss the importance of character, ethics and sportsmanship in materials about the athletic program and vigorously advocate the concept of pursuing victory with honor in all communications.
- *Good Character* Foster the development of good character by teaching, enforcing, advocating and modeling (T.E.A.M.) high standards of ethics and sportsmanship and the six pillars of character.
- *Role-Modeling* Be a worthy role-model, always be mindful of the high visibility and great influence you have as a teacher-coach and consistently conduct myself in private and coaching situations in a manner that exemplifies all I want my student-athletes to be.
- *Personal Conduct* Refrain from profanity, disrespectful conduct, and the use of alcohol or tobacco in front of student-athletes or other situations where my conduct could undermine my positive impact as a role model.
- *Competence* Strive to improve coaching competence and acquire increasing proficiency in coaching principles and current strategies, character-building techniques, and first-aid and safety.
- *Knowledge of Rules* Maintain a thorough knowledge of current game and competition rules and assure that my student-athletes know and understand the rules.
- *Positive Environment* Strive to provide a challenging, safe, enjoyable, and successful experiences for the athletes by maintaining a sports environment that is physically and emotionally safe.
- Safety and Health Be informed about basic first aid principles and the physical capacities and limitations of the age-group coached.
- *Unhealthy Substances* Educate student-athletes about the dangers and prohibit the use of unhealthy and illegal substances including alcohol, tobacco and recreational or performance-enhancing drugs.
- *Eating Disorders* Counsel students about the dangers of and be vigilant for signs of eating disorders or unhealthy techniques to gain, lose or maintain weight.

- *Physician's Advice* Seek and follow the advice of a physician when determining whether an injured student-athlete is ready to play.
- *Privilege to Compete* Assure that student-athletes understand that participation in interscholastic sports programs is a privilege, not a right and that they are expected to represent their school, team and teammates with honor, on and off the field. Require student-athletes to consistently exhibit good character and conduct themselves as positive role models.
- Self-Control Control my ego and emotions; avoid displays of anger and frustration; don't retaliate.
- *Integrity of the Game* Protect the integrity of the game; don't gamble. Play the game according to the rules.
- *Enforcing Rule* Enforce this Code of Conduct consistently in all sports–related activities and venues even when the consequences are high.
- *Protect Athletes* Put the well being of student-athletes above other considerations and take appropriate steps to protect them from inappropriate conduct.
- Access Help make your sport accessible to all diverse communities.
- *Improper Commercialism* Be sensitive to and avoid unwholesome commercialism including inappropriate exploitation of my name or the name of the school and undue financial dependence on corporate entities. Make sure any affiliation or association with a corporate entity is approved by school and district officials.

#### **FAIRNESS**

• *Fair and Open* Be fair in competitive situations, selecting a team, disciplinary issues and all other matters; and be open-minded and willing to listen and learn.

#### **CARING**

- *Safe Competition* Put safety and health considerations above the desire to win; never permit student-athletes to intentionally injure any player or engage in reckless behavior that might cause injury to themselves or others.
- *Caring Environment* Consistently demonstrate concern for student-athletes as individuals and encourage them to look out for one another and think and act as a team

#### **CITIZENSHIP**

- *Honor the Spirit of Rules* Observe and require student-athletes to observe the spirit and the letter of all rules including the rules of the game and those relating to eligibility, recruitment, transfers, practices and other provisions regulating interscholastic competition.
- *Improper Gamesmanship* Promote sportsmanship over gamesmanship; don't cheat. Resist temptations to gain competitive advantage through strategies or techniques (such as devious rule violations, alteration of equipment or the field of play or tactics designed primarily to induce injury or fear of injury) that violate the rules, disrespect the highest traditions of the sport or change the nature of competition by practices that negate or diminish the impact of the core athletic skills that define the sport.

I have read and understand the requirements of this Code of Conduct. I will act in accord with this code. I understand that school (and district) officials as well as league and section officials will and should expect that I will follow this code.

Teacher-Coach Signature	Date

"Pursuing Victory With Honor" and the "Six Pillars of Character" are service marks of the CHARACTER COUNTS! Coalition, a project of the Josephson Institute of Ethics. For more information on promoting character education and good sportsmanship, visit www.charactercounts.com.

#### **CHILD ABUSE**

#### **Board Policy 5141.4 Child Abuse:**

District employees who are mandated reporters, as defined by law and administrative regulation, are obligated to report all known or suspected incidents of child abuse and neglect. The Superintendent or designee shall provide training regarding the duties of mandated reporters as required by law and as specified in the accompanying administrative regulation. (Education Code 44691; Penal Code 11165.7)

Mandated reporters include, but are not limited to, teachers; instructional aides; teacher's aides or assistants; classified employees; certificated pupil personnel employees; administrative officers or supervisors of child attendance; athletic coaches, administrators, and directors; administrators and employees of a licensed child day care facility; Head Start teachers; district police or security officers; licensed nurses or health care providers; and administrators, presenters, and counselors of a child abuse prevention program. (Penal Code 11165.7)

The reporting duties of mandated reporters are individual and cannot be delegated to another person. (Penal Code 11166).

No supervisor or administrator shall impede or inhibit a mandated reporter from making a report. (Penal Code 11166)

Within 36 hours of knowing or observing the information concerning the incident, the mandated reporter shall then prepare and either send, fax, or electronically submit to the appropriate agency a written follow-up report, which includes a completed Department of Justice form (SS 8572). (Penal Code 11166, 11168)

If a mandated reporter fails to timely report an incident of known or reasonably suspected child abuse or neglect, the mandated reporter may be guilty of a crime punishable by a fine and/or imprisonment. (Penal Code 11166)No employee shall be subject to any sanction by the district for making a report unless it can be shown that the employee knowingly made a false report or made a report with reckless disregard of the truth or falsity of the report. (Penal Code 11166, 11172)

#### Penal Code 11165.7:

A list of persons whose profession qualifies them as "mandated reporters" of child abuse or neglect is found in California Penal Code Section 11165.7. The list is extensive and continues to grow. It includes all school/district employees, administrators, and athletic coaches. All persons hired into positions included on the list of mandated reporters are required, upon employment, to be provided with a statement, informing them that they are a mandated reporter and their obligations to report suspected cases of abuse and neglect pursuant to California Penal Code Section 11166.5.

All persons who are mandated reporters are required, by law, to report all known or suspected cases of child abuse or neglect. It is not the job of the mandated reporter to determine whether the allegations are valid. If child abuse or neglect is reasonably suspected or if a pupil shares information with a mandated reporter leading him/her to believe abuse or neglect has taken place, the report must be made. No supervisor or administrator can impede or inhibit a report or subject the reporting person to any sanction.

Unless otherwise specifically provided, the absence of training shall not excuse a mandated reporter from the duties imposed by this article.

ACKNOWLEI	DGMENT
I have read and understand the requirements for repor abuseand will compl	rting any suspected or known instance of child ly with the requirements.
Employee Name (please print)	Position
Employee Signature	Date
District Designee Signature	Date

Status: ADOPTED

#### Regulation 4020: Drug And Alcohol-Free Workplace

Original Adopted Date: 02/15/2005

Notice to Employees

YOU ARE HEREBY NOTIFIED that it is a violation of Board of Trustee policy for any employee at a school district workplace to unlawfully manufacture, distribute, dispense, possess, use or be under the influence of any alcoholic beverage, drug or controlled substance as defined in the Controlled Substances Act and Code of Federal Regulations.

"School district workplace" is defined as any place where school district work is performed, including a school building or other school premises; any school-owned or school-approved vehicle used to transport students to and from school or school activities; any off-school sites when accommodating a school-sponsored or school-approved activity or function, such as a field trip or athletic event, where students are under district jurisdiction; or during any period of time when an employee is supervising students on behalf of the district or otherwise engaged in district business.

As a condition of your continued employment with the district, you will comply with the district's policy on Drug and Alcohol-Free Workplace and will, any time you are convicted of any criminal drug or alcohol statute violation occurring in the workplace, notify your supervisor of this conviction no later than five days after such conviction.

Pursuant to the federal Omnibus Transportation Employee Testing Act of 1991, school bus drivers shall be subject to a drug and alcohol testing program that fulfills the requirements of the Code of Federal Regulations, Title 49, Part 382.

Pursuant to California Education Code 44836 and 45123, the Board may not employ or retain in employment persons convicted of a controlled substance offense as defined in Education Code 44011. If any such conviction is reversed and the person acquitted in a new trial or the charges dismissed, his/her employment is no longer prohibited.

Pursuant to Education Code 45123, the district may employ for classified service a person who has been convicted of a controlled substance offense only if it determines, from evidence presented, that the person has been rehabilitated for at least five years. The Board shall determine the type and manner of presentation of the evidence, and the Board's determination as to whether or not the person has been rehabilitated is final.

Pursuant to Education Code 44425, whenever the holder of any credential issued by the State Board of Education or the Commission for Teacher Preparation and Licensing has been convicted of a controlled substance offense as defined in Education Code 44011, the commission shall forthwith suspend the credential. When the conviction becomes final or when imposition of sentence is suspended, the commission shall revoke the credential. (Education Code 44425)

Pursuant to Education Code 44940, the district must immediately place on compulsory leave of absence any certificated employee charged with involvement in the sale, use or exchange to minors of certain controlled substances.

Pursuant to Education Code 44940, the district may immediately place on compulsory leave of absence any certificated employee charged with certain controlled substance offenses.

Pursuant to Education Code 45304, the district must immediately place on compulsory leave of absence 'any classified employee charged with involvement in the sale, use or exchange to minors of certain controlled substances.

Pursuant to Education Code 45304, the district may immediately place on compulsory leave of absence any classified employee charged with certain controlled substance offenses.

The following drug and alcohol counseling, rehabilitation, and/or employee assistance programs are available locally:

Employee Signature Date	

### **Status: ADOPTED Policy 3515.7: Firearms On School Grounds** Original Adopted Date: 03/13/2018 The Board of Trustees is committed to providing a safe environment for students, staff, and visitors on campus. The Superintendent or designee shall consult with local law enforcement and other appropriate individuals and agencies to address the security of school campuses. (cf. 3515 - Campus Security) (cf. 3515.2 - Disruptions) (cf. 3515.3 - District Police/Security Department) (cf. 4158/4258/4358 - Employee Security) (cf. 5131.4 - Student Disturbances) (cf. 5131.7 - Weapons and Dangerous Instruments) Possession of a firearm on or within 1,000 feet of school grounds is prohibited, except under the limited circumstances specified in Penal Code 626.9. School grounds include, but are not limited to, school buildings, fields, storage areas, and parking lots. (Penal Code 626.9) If a district employee observes or suspects that any unauthorized person is in possession of a firearm on or near school grounds or at a school activity, he/she shall immediately notify the principal or designee and law enforcement. The prohibition against the possession of firearms on school grounds shall be included in the district's comprehensive safety plan and shall be communicated to district staff, parents/guardians, and the community. (cf. 0450 - Comprehensive Safety Plan) (cf. 1112 - Media Relations) (cf. 1113 - District and School Web Sites) (cf. 1114 - District-Sponsored Social Media)

Date

Signature

### Board Policy Manual River Delta Unified School Districct

**Status: ADOPTED** 

#### Policy 4119.11: Sexual Harassment

Original Adopted Date: 06/12/2018 | Last Revised Date: 12/14/2021 | Last Reviewed Date: 12/14/2021

The following policy shall apply to all district employees, interns, volunteers, contractors, job applicants, and other persons with an employment relationship with the district.

The Board of Trustees is committed to providing a safe work environment that is free of harassment and intimidation. The Board prohibits sexual harassment against district employees and retaliatory behavior or action against any person who complains, testifies, or otherwise participates in the complaint process established for the purpose of this policy.

Sexual harassment includes, but is not limited to, harassment that is based on the sex, gender, gender identity, gender expression, or sexual orientation of the victim and harassment based on pregnancy, childbirth, or related medical conditions.

The Superintendent or designee shall take all actions necessary to ensure the prevention, investigation, and correction of sexual harassment, including but not limited to:

- 1. Providing training to employees in accordance with law and administrative regulation
- 2. Publicizing and disseminating the district's sexual harassment policy to employees and others to whom the policy may apply
- 3. Ensuring prompt, thorough, fair, and equitable investigation of complaints
- 4. Taking timely and appropriate corrective/remedial action(s), which may require interim separation of the complainant and the alleged harasser and subsequent monitoring of developments

The Superintendent or designee shall periodically evaluate the effectiveness of the district's strategies to prevent and address harassment. Such evaluation may involve conducting regular anonymous employee surveys to assess whether harassment is occurring or is perceived to be tolerated, partnering with researchers or other agencies with the needed expertise to evaluate the district's prevention strategies, and using other effective tool for receiving feedback on systems and/or processes. As necessary, changes shall be made to the harassment policy, complaint procedures, or training.

#### **Sexual Harassment Reports and Complaints**

District employees who feel that they have been sexually harassed in the performance of their district responsibilities or who have knowledge of any incident of sexual harassment by or against another employee shall immediately report the incident to their direct supervisor, a district administrator, or the district's Title IX Coordinator. Employees may bypass their supervisor in filing a complaint if the supervisor is the subject of the complaint. A supervisor or administrator who receives a harassment complaint shall promptly notify the Title IX Coordinator.

Once notified, the Title IX Coordinator shall ensure the complaint is addressed through either AR 4119.12/4219.12/4319.12 - Title IX Sexual Harassment Complaint Procedures or AR 4030 - Nondiscrimination in Employment as applicable. Because a complaint or allegation that is dismissed or denied under the Title IX complaint procedure may still be subject to consideration under state law, the Title IX Coordinator shall ensure that any implementation of AR 4119.12/4219.12/4319.12 concurrently meets the requirements of AR 4030.

The Title IX Coordinator shall offer supportive measures to the complainant and respondent, as deemed appropriate under the circumstances.

Upon investigation of a sexual harassment complaint, any district employee found to have engaged or participated in sexual harassment or to have aided, abetted, incited, compelled, or coerced another to commit sexual harassment in violation of this policy shall be subject to disciplinary action, up to and including dismissal, in accordance with law and the applicable collective bargaining agreement.

Signature	Date

#### Board Policy Manual River Delta Unified School Districct

**Status: ADOPTED** 

#### Policy 3513.3: Tobacco-Free Schools

Original Adopted Date: 11/08/2016

The Board of Trustees recognizes that smoking and other uses of tobacco and nicotine products constitute a serious public health hazard and are inconsistent with district goals to provide a healthy environment for students and staff.

(cf. 3514 - Environmental Safety)

(cf. 4159/4259/4359 - Employee Assistance Programs)

(cf. 5030 - Student Wellness)

(cf. 5131.62 - Tobacco)

(cf. 5141.23 - Asthma Management)

(cf. 6142.8 - Comprehensive Health Education)

(cf. 6143 - Courses of Study)

The Board prohibits smoking and/or the use of tobacco products at any time in district-owned or leased buildings, on district property, and in district vehicles. (Health and Safety Code 104420, 104559)

These prohibitions apply to all employees, students, and visitors at any school-sponsored instructional program, activity, or athletic event held on or off district property. Any written joint use agreement governing community use of district facilities or grounds shall include notice of the district's tobacco-free schools policy and consequences for violations of the policy.

(cf. 1330 - Use of School Facilities)

(cf. 1330.1 - Joint Use Agreements)

Smoking means inhaling, exhaling, burning, or carrying of any lighted or heated cigar, cigarette, pipe, tobacco, or plant product intended for inhalation, whether natural or synthetic, in any manner or form, and includes the use of an electronic smoking device that creates aerosol or vapor or of any oral smoking device for the purpose of circumventing the prohibition of smoking. (Business and Professions Code 22950.5; Education Code 48901)

Tobacco products include: (Business and Professions Code 22950.5; Education Code 48901)

- 1. Any product containing, made, or derived from tobacco or nicotine that is intended for human consumption, whether smoked, heated, chewed, absorbed, dissolved, inhaled, snorted, sniffed, or ingested by any other means, including, but not limited to, cigarettes, cigars, little cigars, chewing tobacco, pipe tobacco, or snuff
- 2. An electronic device that delivers nicotine or other vaporized liquids to the person inhaling from the device, including, but not limited to, an electronic cigarette, cigar, pipe, or hookah
- 3. Any component, part, or accessory of a tobacco product, whether or not sold separately

This policy does not prohibit the use or possession of prescription products and other cessation aids that have been approved by the U.S. Department of Health and Human Services, Food and Drug Administration, such as nicotine patch or gum.

Smoking or use of any tobacco-related product or disposal of any tobacco-related waste is prohibited within 25 feet of any playground, except on a public sidewalk located within 25 feet of the playground. In addition, any form of intimidation, threat, or retaliation against a person for attempting to enforce this policy is prohibited. (Health and Safety Code 104495)

<u>C:</u>		
Signature	Date	

**Status: ADOPTED** 

#### **Regulation 6145.2: Athletic Competition**

Original Adopted Date: 02/19/2019 | Last Revised Date: 10/08/2019 | Last Reviewed Date: 10/08/2019

#### Nondiscrimination and Equivalent Opportunities in the Athletic Program

No student shall be excluded from participation in, be denied the benefits of, be denied equivalent opportunity in, or otherwise be discriminated against in interscholastic, intramural, or club athletics on the basis of any actual or perceived characteristic specified in law and BP 0410 - Nondiscrimination in District Programs and Activities. (Education Code 220, 221.5, 230 5 CCR 4920, 34 CFR 106.41)

The Superintendent or designee may provide single-sex teams when selection for the teams is based on competitive skills. (5 CCR 4921; 34 CFR 106.41)

Each student shall be allowed to participate in any single-sex athletic program or activity consistent with the student's gender identity, irrespective of the gender listed on the student's records, for which the student is otherwise eligible to participate. (Education Code 221.5)

When a school provides only one team in a particular sport for members of one sex, but provides no team in the same sport for members of the other sex, and athletic opportunities in the total program for that sex have been previously limited, members of the excluded sex shall be allowed to try out and compete with the team. The same standards for eligibility shall be applied to every student trying out for the team, regardless of sex, sexual orientation, gender, gender identity, gender expression, or other protected group status. (5 CCR 4921; 34 CFR 106.41)

The Superintendent or designee shall ensure that equivalent opportunities are available to both sexes in athletic programs by considering, among other factors: (5 CCR 4922; 34 CFR 106.41)

1. Whether the offered selection of sports and levels of competition effectively accommodate the interests and abilities of both sexes

The athletic program may be found to effectively accommodate the interests and abilities of both sexes using any one of the following tests: (Education Code 230)

- a. Whether the interscholastic-level participation opportunities for male and female students are provided in numbers substantially proportionate to their respective enrollments
- b. Where the members of one sex have been and are underrepresented among interscholastic athletes, whether the district can show a history and a continuing practice of program expansion that is demonstrably responsive to the developing interests and abilities of the members of that sex
- c. Where the members of one sex are underrepresented among interscholastic athletes and the district cannot show a history and continuing practice of program expansion as required in item #1b above, whether the district can demonstrate that the interests and abilities of the members of that sex have been fully and effectively accommodated by the present program
- 2. The provision and maintenance of equipment and supplies
- 3. Scheduling of games and practice times, selection of the season for a sport, and location of the games and practices
- 4. Travel and per diem allowances
- 5. Opportunities to receive coaching and academic tutoring
- 6. Assignment and compensation of coaches and tutors
- 7. Provision of locker rooms, practice facilities, and competitive facilities
- 8. Provision of medical and training facilities and services
- 9. Provision of housing and dining facilities and services

- 10. Publicity
- 11. Provision of necessary funds

Each school that offers competitive athletics shall, at the end of the school year, post on its school web site, or on the district web site if the school does not have a web site, the following information: (Education Code 221.9)

- 1. The total enrollment of the school, classified by gender
- 2. The number of students enrolled at the school who participate in competitive athletics, classified by gender
- 3. The number of boys' and girls' teams, classified by sport and by competition level

The data reported for items #1-3 above shall reflect the total number of players on a team roster on the official first day of competition. The materials used to compile this information shall be retained by the school for at least three years after the information is posted on the web site. (Education Code 221.9)

#### **Concussions and Head Injuries**

The Superintendent or designee shall annually distribute to student athletes and their parents/guardians an information sheet on concussions and head injuries. The student and parent/guardian shall sign and return the information sheet before the student initiates practice or competition. (Education Code 49475)

The Superintendent or designee shall provide training to coaches and/or athletic trainers regarding concussion symptoms, prevention, and appropriate response. (Education Code 35179.1, 49032)

If a student athlete is suspected of sustaining a concussion or head injury in an athletic activity, the student shall be immediately removed from the activity for the remainder of the day. The student shall not be permitted to return to the activity until the student is evaluated by a licensed health care provider trained in the management of concussions and receives the health care provider's written clearance to return to the activity. If the health care provider determines that the student sustained a concussion or a head injury, the student shall also complete a graduated return-to-play protocol of no less than seven days in duration under the supervision of a licensed health care provider. (Education Code 49475)

A middle school or high school football team shall not hold a full-contact practice during the off-season and shall not conduct more than two full-contact practices per week during the preseason and regular season (from 30 days before the commencement of the regular season until the completion of the final interscholastic football game of that season). In addition, the full-contact portion of a practice shall not exceed 90 minutes in any single day. For these purposes, full-contact practice means a practice where drills or live action is conducted that involves collisions at game speed, where players execute tackles and other activity that is typical of an actual tackle football game. (Education Code 35179.5)

#### **Heat Illness**

The Superintendent or designee shall provide training to coaches and/or athletic trainers regarding the signs and symptoms of, and the appropriate response to, heat illness, including heat cramps, heat syncope, heat exhaustion, and exertional heat stroke. (Education Code 35179.1, 49032)

To assist in the prevention of heat illness, coaches and/or athletic trainers shall gradually increase the intensity and duration of exercise to acclimate student athletes to practice in the heat, provide adequate rest breaks, make water available during all athletic activities, and alter practice plans in extreme environmental conditions.

#### **Sudden Cardiac Arrest**

The Superintendent or designee shall distribute the California Interscholastic Federation (CIF) information sheet on sudden cardiac arrest to all student athletes who will be participating in a CIF-governed athletic activity and to their parents/guardians. The student and parent/guardian shall sign and return the information sheet prior to the student's participation in the athletic activity. If an athletic activity is not covered by CIF, the student and parent/guardian shall, prior to the student's participation in the athletic activity, sign and return an acknowledgement that they have received and reviewed the sudden cardiac arrest information posted on the California Department of Education's web site. (Education Code 33479.2, 33479.3)

The Superintendent or designee shall provide training to coaches and/or athletic trainers regarding the nature and warning signs of sudden cardiac arrest. (Education Code 33479.6, 33479.7, 35179.1, 49032)

If a student athlete passes out or faints, or is known to have passed out or fainted, while participating in or immediately following participation in an athletic activity, the student shall be removed from participation at that time. If a student exhibits any other symptoms of sudden cardiac arrest, including seizures during exercise, unexplained shortness of breath, chest pains, dizziness, racing heart rate, or extreme fatigue, the student may be removed from participation by a coach or other employee who observes these symptoms. If any such symptoms are observed, notification shall be given to the student's parent/guardian so that the parent/guardian can determine the treatment, if any, the student should seek. A student who has been removed from participation shall not be permitted to return until the student is evaluated and given written clearance to return to participation by a health care provider. (Education Code 33479.2, 33479.5)

#### **Automated External Defibrillators**

The Superintendent or designee shall acquire at least one automated external defibrillator (AED) for each district school and shall make the AED(s) available to coaches, athletic trainers, and/or other authorized persons at athletic activities or events for the purpose of providing emergency care or treatment to students, spectators, and other individuals in attendance at athletic activities and events. (Education Code 35179.6)

The district shall comply with all requirements of Health and Safety Code 1797.196 pertaining to any AED acquired by the district, including, but not limited to, regular maintenance and testing of the AED and the provision and posting of information regarding the proper use of the AED. (Education Code 35179.6; Health and Safety Code 1797.196)

#### **Additional Notifications**

Before students participate in practice or competition as part of interscholastic athletic activities, the Superintendent or designee shall, in addition to providing the students and their parents/guardians with the notices described above, send a notice to the students and their parents/guardians which:

- 1. Contains information about the procedures for filing a discrimination complaint that arises out of an interscholastic athletic activity, including the name of the district's Title IX Coordinator
- 2. Includes a copy of students' Title IX rights pursuant to Education Code 221.8
- 3. Explains that there is an element of risk associated with all athletic competitions and that the district cannot guarantee that students will not be injured, despite a commitment to every participant's health and welfare
- 4. Provides information about insurance protection pursuant to Education Code 32221.5
- 5. Requests parental permission for the student to participate in the program and, if appropriate, to be transported by the district to and from competitions
- 6. States the district's expectation that students adhere strictly to all safety rules, regulations, and instructions, as well as rules and guidelines related to conduct and sportsmanship
- 7. Includes a copy of the local CIF league rules
- 8. Includes information about the CIF bylaw and district policy requiring any student athlete and the student's parent/guardian to sign a statement that the student will not use steroids, unless prescribed by a licensed health care practitioner, and will not use prohibited dietary supplements that include substances banned by the U.S. Anti-Doping Agency
- 9. Includes the opioid fact sheet published by the Centers for Disease Control and Prevention in accordance with Education Code 49476. The district shall provide this fact sheet annually to each student athlete and shall require the student and the student's parent/guardian to sign a document acknowledging receipt of the fact sheet.

Signature	Date

#### Board Policy Manual River Delta Unified School Districct

**Status: ADOPTED** 

#### **Policy 4227: Temporary Athletic Team Coaches**

Original Adopted Date: 08/08/2017

The Board of Trustees desires to employ highly qualified coaches for the district's sports and interscholastic athletic programs in order to enhance the knowledge, skills, motivation, and safety of student athletes.

(cf. 6142.7 - Physical Education and Activity)

(cf. 6145.2 - Athletic Competition)

The Superintendent or designee may hire a certificated or noncertificated employee, other than a substitute employee, to supervise or instruct interscholastic athletic activities as a temporary employee in a limited assignment capacity. (5 CCR 5590)

(cf. 4121 - Temporary/Substitute Personnel)

When hiring a person to fill a position as a temporary athletic team coach, the position shall first be made available to qualified certificated teachers currently employed by the district. (Education Code 44919)

All coaches shall be subject to Board policies, administrative regulations, and California Interscholastic Federation bylaws and codes of ethical conduct.

(cf. 4118 - Dismissal/Suspension/Disciplinary Action)

(cf. 4218 - Dismissal/Suspension/Disciplinary Action)

(cf. 5131.1 - Bus Conduct)

(cf. 5131.63 - Steroids)

(cf. 5141.1 - Child Abuse Prevention and Reporting)

Noncertificated coaches shall have no authority to assign grades to students. (5 CCR 5591)

(cf. 5121 - Grades/Evaluation of Student Achievement)

**Qualifications and Training** 

The Superintendent or designee shall establish qualification criteria for all athletic coaches in accordance with law and district standards. These criteria shall ensure that coaches possess an appropriate level of competence, knowledge, and skill.

Any noncertificated employee or volunteer who works with students in a district-sponsored interscholastic athletic program shall, prior to beginning his/her duties, submit to the Superintendent or designee either an Activity Supervisor Clearance Certificate issued by the Commission on Teacher Credentialing or a Department of Justice and Federal Bureau of Investigation criminal background clearance. (Education Code 49024)

(cf. 1240 - Volunteer Assistance)

(cf. 4112.5/4212.5/4312.5 - Criminal Record Check)

Following the selection of a temporary athletic team coach, the Superintendent or designee shall certify to the Board, at the next regular Board meeting or within 30 days, whichever is sooner, that the coach meets the qualifications and competencies required by 5 CCR 5593. By April 1 of each year, the Board shall certify to the State Board of Education that the provisions of 5 CCR 5593 have been met. (5 CCR 5594)

In addition, the Superintendent or designee shall regularly report to the Board regarding the extent to which the district's coaches have completed the trainings required by law, including those required pursuant to Education Code 33479.6 and 49032, and by district policy.

Signature	Date



## **Key Elements of a Good Reporting System:**

- Communicate to your students, coaches/ activity personnel, officials and parents that you have a policy against hazing, sexual misconduct and other forms of harassment.
- **2.** Make the process of reporting allegations simple and direct.
- **3.** Make the principal, as the highest administrative official in the building, directly responsible for directing the investigation of any allegation of misconduct, hazing or harassment.
- **4.** Document, in writing, any allegation of misconduct, hazing or harassment, and the results of the investigation.
- **5.** Promptly take such remedial action as is necessary and appropriate.

# Two Generally Recognized Categories of Sexual Harassment

#### I. Ouid Pro Ouo

Quid Pro Quo Harassment occurs when one person (generally in a supervisory capacity such as an upper-classman or a coach) makes known, unwelcome sexual demands of a subordinate (such as an underclassman, or an athlete) in order for him or her to gain an advantage, promotion, influence an evaluation, affect playing time or other benefits that come from educational, athletic or employment opportunities.

#### 2. Hostile Environment

Hostile Environment Harassment is unwelcome conduct by a person that is sufficiently serious, persistent or pervasive, so that it affects another person's ability to participate in or benefit from the school program or activity by creating an intimidating, threatening or abusive environment. Conduct contributing to a hostile environment might include:

- Sexual propositions communicated via e-mail, in person, graphically;
- Verbal expressions of a sexual nature including comments about hair, dress, physical appearance or sexual activities:
- Sexually suggestive jokes, innuendoes, sounds, gestures or leering;
- Anecdotes, questions or comments about sexual activities;
- Excessive or inappropriate physical contact;
- Use of sexually suggestive objects, articles, tapes, pictures or other materials;
- Any persistent and pervasive pattern of sex-related conduct that is offensive;
- Deliberate indifference by supervisory personnel in responding to allegations of harassment.

# **Sexual Harassment and Hazing:**

**Your Actions Make a Difference!** 

Each school and community has a responsibility to protect against harassment and hazing. This responsibility extends to the school's athletic programs. Each school should have a policy against discrimination, including grievance procedures, providing for prompt and equitable resolution of hazing, harassment and sex discrimination complaints. This information should be shared with students and any persons who have direct or indirect contact with students.



# **Sexual Harassment and Hazing: Your Actions Make a Difference!**

This brochure addresses the legal rights of high school students, coaches/activity personnel and officials to enjoy an appropriate environment in athletics and other activities. All forms of harassment should be reported to school authorities.

#### **Key Elements of a Good Reporting System**

A clearly worded and well-publicized policy is essential in order to inform students and employees that sexual harassment or other forms of hazing will not be tolerated, ensure that they know how to report complaints, and assure them that harassment may be reported without fear of repercussions.



#### Factors Used to Evaluate Sexual Harassment

- The degree to which the conduct affects one or more students' education.
- The degree to which the conduct affects the coaching or work environment.
- The type, frequency and duration of the conduct.
- The identity of and relationship between the alleged harasser and the subject or subjects of the harassment.
- The number of individuals involved.
- The age and gender of the alleged harasser and the subject or subjects of the harassment.
- The size of the school, location of the incidents and context in which they occurred.
- Other incidents of sexual harassment at the school.
- Incidents of gender-based, but non-sexual harassment.
- Consensual behaviors.

(Source: Federal Register IVol 65, No. 213, November 2, 2000)

Indiana Coalition Against Sexual Assault, INCASA is a private, non-profit organization funded from federal dollars through the Indiana Department of Health, Family and Social Services Administration, Indiana Criminal Justice Institute and through a grant from the Office on Violence Against Women. This project is made possible through a grant from the Women's Fund and from the Rape Prevention Education Funds through the Centers for Disease Control and Prevention, administered by the Indiana State Department of Health. All contributions to INCASA are tax-deductible to the extent allowable by the Internal Revenue Service. Equal Access/Equal Opportunity organization. www.incasa.org

# **Sexual Harassment and Hazing:**

**Your Actions Make a Difference!** 

#### **Reporting Hazing and Harassment**

Hazing or harassment by any name is wrong. Anyone who witnesses or hears about a form of harassment can and should report it. Allegations of harassment may be the result of words, physical contact, e-mail or other unwelcome verbal or non-verbal communication.

Communication – A victim of hazing or harassment can report it, but so can a person who may not know the victim. The information may have come to him/her through conversation or may have been overheard in a classroom situation. Even in situations where information is gathered indirectly, members of the school community have a responsibility to report damaging behavior.

Observation – Supervisors or teachers have responsibilities for the behavior of students. Whenever harassment is observed by a teacher or the adult in charge, he or she should recognize and address the matter for what it is – a serious violation of school policy.

#### Who can report hazing or harassment?

- A victim.
- A person who witnesses the incident.
- A third party who may not have witnessed the incident, but hears about it.

#### **How to Handle Hazing**

- I. Establish welcome programs for first-year and transfer students.
- 2. Reconsider all "team-bonding" or "initiation" traditions in all school groups.
- 3. Urge your school to adopt a statement of awareness.
- 4. Create a spirit of camaraderie.
- 5. Don't cover-up hazing incidents.

(Source: "High School Hazing: When Rites Become Wrong," by Hank Nuwer)

#### **Establishing Boundaries**

#### Sexual Misconduct

Sexual Misconduct covers a wide spectrum of inappropriate behavior. Individuals who engage in sexual misconduct may be subject to disciplinary actions at school or in a court of law.

#### Sexual Harassment

Sexual Harassment is a form of gender discrimination that consists of unwelcome verbal, electronic, or physical interaction between two or more people. Harassment can happen between people of the same gender or people of different genders.

#### Hazing

Hazing is any action or activity which inflicts physical or mental harm or anxiety, or which demeans, degrades or disgraces a person, regardless of location, intent or consent of participants. (Employment Practice Group 2000, RI)

#### Ten Recommendations for Preventing Sexual Harassment in Schools and Athletics Programs

- 1. Teachers and athletics personnel should never use sexually explicit language or tell sexually explicit/off color jokes in the presence of students or student-athletes.
- 2. Teachers and athletics personnel should never display sexually explicit or pornographic pictures/materials on school property and should never show such materials to students or student-athletes under any circumstances.
- 3. Teachers and athletics personnel should avoid engaging in excessively personal conversations, both in person and on the phone, with students or student-athletes.
- 4. Teachers and athletics personnel should avoid sending excessively personal letters, cards, e-mails, or gifts to students or student-athletes.
- 5. Teachers and athletics personnel should avoid commenting on the physical appearance, including manner of dress and specific physical attributes, of students or student-athletes.
- 6. Teachers and athletics personnel should avoid to the greatest extent possible physical contact with or touching of students or student-athletes.
- 7. Teachers and athletics personnel should avoid giving students or student-athletes rides home alone or even in groups where eventually only one student will remain in the car alone with the adult.
- 8. Teachers and athletics personnel should avoid off-school-property, one-on-one meetings alone with students or student-athletes, especially in the home of the student or the adult.
- 9. Teachers and athletics personnel should never plan or take unchaperoned overnight school or athletics trips with students or student-athletes and, on properly chaperoned trips, should exercise the highest degree of caution and propriety regarding interaction with students or student-athletes.
- 10. Teachers and athletics personnel should never date students or student-athletes under any circumstances. Issues of power differential, consent and credibility make such relationships untenable within any level of educational institution.

(Source: Dr. Lee Green, Baker University Sportslaw Publishing .com/slpnewsl.htm)