River Delta School District DELTA HS & CLARKSBURG MS Lunch Menu APRIL 2024

Meal also includes: A choice of milk

Remember: Students are required to select at least 1/2 cup of fruit, juice or vegetable at every meal.

Due to supply chain issues, menus are subject to change.

Meals are free of charge to ALL students this school year!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO SCHOOL	2 Cheese Quesadilla Beef Tacos Chicken Caesar Salad w/ Roll Carrots, Cal Mex Salad, Salsa Canned Fruit, Sliced Ap- ples	3 Cheese Pizza Pepperoni Pizza Turkey Bacon Wrap Caesar Salad, Cucumber Banana, Fresh Fruit	4 Bean & Cheese Nachos Plain Chicken Burger Spicy Chicken Burger Chicken Ranch Wrap Jalapenos, Corn, Salsa, Broccoli Florets Canned Fruit, Raisins or Craisins	5 Alfredo Pasta Offered w/ Roll BBQ Pulled Chicken Sand- wich Orange Chicken Salad w/ Roll Pickles, Caesar Salad, Baby Carrots Sliced Apples, Local Blood Orange
8 Bean & Cheese Enchirito Chicken Tacos w/ Salsa Oven Roasted Turkey & Cheddar Sandwich Legumes, Corn, Baby Carrots Apple, Orange	9 Chili Fries w/ Roll Chicken Corn Dog Chicken Caesar Wrap Cal Mex Salad, Carrots Canned Fruit, Apple	10 Cheese Pizza Pepperoni Pizza Italian Sub Caesar Salad, Cucumber Banana, Fresh Fruit	11 Mozzarella Filled Breadsticks Orange Chicken w/ Brown Rice Black Bean Taco Salad w/ Chips Baby Carrots, Broccoli Canned Fruit, Raisins or Craisins	12 Two-Cheese Grilled Cheese Sandwich Chicken Broccoli Flatbread Turkey Cranberry Wrap Sugar Snap Peas, Caesar Salad Sliced Apples, Local Blood Orange
15 Cheese & Green Chili Tamale w/ Beans Carnitas Tacos w/ Salsa Oven Roasted Turkey & Cheddar Sandwich Legume, Corn Apple, Orange	16 Mozzarella Filled Breadsticks BBQ Chicken Drumstick w/ Roll Chicken Caesar Salad w/ Roll Cal Mex Salad, Carrots Canned Fruit, Sliced Apples	17 Cheese Pizza Pepperoni Pizza Turkey Bacon Wrap Caesar Salad, Cucumber Banana, Fresh Fruit	18 Lo Mein w/ Edamame Teriyaki Chicken Over Brown Rice Chicken Ranch Wrap Sugar Snap Peas, Carrots Canned Fruit, Raisins or Craisins	19 Macaroni & Cheese Cheeseburger Hamburger Orange Chicken Salad w/ Roll Pickles, Caesar Salad, Sliced Apples, Local Blood Orange
22 Cheesy Pull Aparts Hot Dog Oven Roasted Turkey & Cheddar Sandwich Legumes, Corn Apple, Orange	23 Cheese Quesadilla Beef Tacos Chicken Caesar Wrap Carrots, Super Spring Salad, Salsa Canned Fruit, Sliced Apples	24 Cheese Pizza Pepperoni Pizza Italian Sub Caesar Salad, Cucumber Banana, Fresh Fruit	25 Bean & Cheese Nachos Plain Chicken Burger Spicy Chicken Burger Black Bean Taco Salad w/ Chips Jalapenos, Corn, Salsa, Broccoli Florets Canned Fruit, Raisins or Craisins	26 NO SCHOOL
29 Bean & Cheese Enchirito Chicken Tacos w/ Salsa Oven Roast Turkey & Cheddar Sandwich Legumes, Corn, Baby Carrots Apple, Orange	30 Chili Fries w/ Roll Chicken Corn Dog Chicken Caesar Wrap Super Spring Salad, Carrots Canned Fruit, Apple	5/1 Cheese Pizza Pepperoni Pizza Italian Sub Caesar Salad, Cucumber Banana, Fresh Fruit	5/2 Mozzarella Filled Breadsticks Orange Chicken w/ Brown Rice Chicken Ranch Wrap Baby Carrots, Broccoli Canned Fruit, Raisins or Craisins	5/3 Grilled Cheese Sandwich Chicken Broccoli Flatbread Orange Chicken Salad w/ Roll Sugar Snap Peas, Caesar Salad Sliced Apples, Local Blood Orange

This institution is an equal opportunity provider.

For menu nutritional information and foods containing common food allergens please visit **www.rdusd.org**

River Delta School District DELTA HS & CLARKSBURG MS Breakfast Menu APRIL 2024

Meals are free of charge to ALL students this school year!

Due to supply chain issues, menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Benefit Bar Assorted Cereal Offered w/ Graham Crackers	Yogurt Parfait w/ Fruit & Granola Concha	Cinnamon Bun French Toast Sticks	Bagel & Cream Cheese Pancake Wrap	Sliced Breakfast Bread Breakfast Burrito
100% Fruit Juice Canned Fruit White Milk Chocolate Milk	100% Fruit Juice Banana White Milk Chocolate Milk	100% Fruit Juice Raisins White Milk Chocolate Milk	100% Fruit Juice Orange White Milk Chocolate Milk	100% Fruit Juice Apple White Milk Chocolate Milk

Remember: Students are required to select at least 1/2 cup of fruit, juice or vegetable at every meal.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights1400 Independence Avenue, SWWashington, D.C. 20250-9410; or

2. fax:(833) 256-1665 or (202) 690-7442; or

3. email: Program. Intake@usda.gov

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