

# River Delta School District RIO VISTA HS Lunch Menu APRIL 2024

**Meal also includes:** A choice of milk

**Remember:** Students are required to select at least 1/2 cup of fruit, juice or vegetable at every meal.

Meals are free of charge to ALL students this school year!

Due to supply chain issues, menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>NO SCHOOL</b>	2 Cheese Quesadilla Beef Tacos Chicken Caesar Salad w/ Roll  Carrots, Cal-Mex Salad Salsa Canned Fruit, Sliced Apples	3 Sliced Cheese Pizza Sliced BBQ Chicken Luau Pizza Italian Sub  Caesar Salad, Cucumber Banana, Fresh Fruit	4 Bean & Cheese Nachos Chicken Burrito Bowl w/ Fresh Pico de Gallo Chicken Ranch Wrap  Jalapenos, Corn, Salsa, Broccoli Florets Canned Fruit, Raisins or Craisins	5 Pasta Alfredo w/ Broccoli Offered w/ Roll BBQ Pulled Chicken Sandwich Orange Chicken Salad w/ Roll  Pickles, Caesar Salad, Carrots Sliced Apples, Local Blood Orange
8 Mexican Pizza Cheeseburger Hamburger Fruit & Yogurt Parfait  Legumes, Corn, Carrots Apple, Orange	9 Chili Cheese Fries Offered w/ Roll Chicken Broccoli Flatbread Spicy Chicken Burger  Cal-Mex Salad, Carrots Canned Fruit, Apple	10 Sliced Cheese Pizza Sliced Pepperoni Pizza Tuna Salad over Lettuce w/ Roll  Caesar Salad, Cucumber Banana, Fresh Fruit	11 Mozzarella Filled Breadsticks Huli Huli Chicken w/ Pineapple over Rice Black Bean Taco Salad w/ Chips  Carrots, Broccoli Florets Canned Fruit, Raisins or Craisins	12 Two-Cheese Grilled Cheese Sandwich Chicken Corn Dog Turkey Bacon Wrap  Sugar Snap Peas, Caesar Salad Sliced Apples, Local Blood Orange
15 Mozzarella Filled Breadsticks BBQ Chicken Drumstick w/ Roll Oven Roasted Turkey & Cheddar Sandwich  Legumes, Corn Apple, Orange	16 Bean & Cheese Pupusa Carnitas Tacos w/ Fresh Pico de Gallo Chicken Caesar Salad w/ Roll  Cal-Mex Salad, Carrots Canned Fruit, Sliced Apples	17 Sliced Cheese Pizza Sliced BBQ Chicken Luau Pizza Italian Sub  Caesar Salad, Cucumber Banana, Fresh Fruit	18 Lo Mein Noodles w/ Edamame Teriyaki Beef Dippers w/ Broccoli over Rice Chicken Ranch Wrap  Snap Peas, Carrots Canned Fruit, Raisins or Craisins	19 Bean & Cheese Enchirito Honey Lime Chicken Fajitas Orange Chicken Salad w/ Roll  Pickles, Caesar Salad, Salsa Sliced Apples, Local Blood Orange
22 Cheesy Pull Aparts Hot Dog Oven Roasted Turkey & Cheddar Sandwich  Legumes, Corn Apple, Orange	23 Bean & Cheese Nachos Plain Chicken Burger Spicy Chicken Burger Chicken Ranch Wrap  Carrots, Super Spring Salad, Salsa Canned Fruit, Sliced Apples	24 Sliced Cheese Pizza Sliced BBQ Chicken Luau Pizza Tuna Salad over Lettuce w/ Roll  Caesar Salad, Cucumber Banana, Fresh Fruit	25 Cheese Quesadilla Chicken Burrito Bowl w/ Fresh Pico de Gallo Spicy Chicken Burger  Jalapenos, Corn, Salsa, Broccoli Florets Canned Fruit, Raisins or Craisins	26 <b>NO SCHOOL</b>
29 Homemade Grilled Cheese Sandwich Chicken Corn Dog Fruit & Yogurt Parfait  Legumes, Corn, Carrots Apple, Orange	30 Chili Cheese Fries Offered w/ Roll Chicken Broccoli Flatbread Chicken Caesar Wrap  Super Spring Salad, Carrots Canned Fruit, Apple	5/1 Sliced Cheese Pizza Sliced Pepperoni Pizza Tuna Salad over Lettuce w/ Roll  Caesar Salad, Cucumber Banana, Fresh Fruit	5/2 Mozzarella Filled Breadsticks Huli Huli Chicken w/ Pineapple over Rice Black Bean Taco Salad w/ Chips  Carrots, Broccoli Florets Canned Fruit, Raisins or Craisins	5/3 Bean & Cheese Enchirito Honey Lime Chicken Fajitas Turkey Bacon Wrap  Sugar Snap Peas, Caesar Salad Sliced Apples, Local Blood Orange

# River Delta School District RIO VISTA HS Breakfast Menu APRIL 2024

Meals are free of charge to ALL students  
this school year!

Due to supply chain issues, menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Sausage &amp; Cheese Biscuit</p> <p>Assorted Cereal Offered w/ Graham Crackers</p>	<p>Breakfast Quesadilla</p> <p>Concha</p>	<p>Breakfast Smoothie Offered w/ Homemade Granola Bar</p> <p>Cinnamon Bun</p>	<p>Cocoa Banana Muffin</p> <p>Pancake Wrap</p>	<p>Pancakes</p> <p>Benefit Bar</p>
<p>100% Fruit Juice</p> <p>Canned Fruit</p> <p>White Milk</p> <p>Chocolate Milk</p>	<p>100% Fruit Juice</p> <p>Banana</p> <p>White Milk</p> <p>Chocolate Milk</p>	<p>100% Fruit Juice</p> <p>Raisins</p> <p>White Milk</p> <p>Chocolate Milk</p>	<p>100% Fruit Juice</p> <p>Orange</p> <p>White Milk</p> <p>Chocolate Milk</p>	<p>100% Fruit Juice</p> <p>Apple</p> <p>White Milk</p> <p>Chocolate Milk</p>

**Remember:** Students are required to select at least 1/2 cup of fruit, juice or vegetable at every meal.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
2. **fax:** (833) 256-1665 or (202) 690-7442; or
3. **email:** [Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

This institution is an equal opportunity provider.

For menu nutritional information and foods containing common food allergens please visit [www.rdusd.org](http://www.rdusd.org)